

# Want to be a **JUNIOR LIFEGUARD?**

**Sign up Today!**



## About the Junior Lifeguard Program

Junior Lifeguards will learn basic lifesavings skills, CPR and First Aid. Guest speakers from the community will be scheduled to speak on safety topics and future careers options.

**We will meet Monday thru Thursday 8:00am – 12:00pm**

**July 10th-13th AND July 17th-20th**

**Ages: 12 years– 15 years (must pass initial swim test)**

***Swim Test Requirements: Swim 300 Yards, Tread Water for 2 minutes***

**COST: \$90.00**

**Those who successfully complete course will receive a distinctive Junior Guard t-shirt and a certificate of completion.**

For more information please visit our website [www.cvswim.com](http://www.cvswim.com), call 775.782.8841 , or visit 1600 NV-88 Minden NV 89423