

Water Exercise



NEW CLASS SCHEDULE

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p><u>8:30am -9:30am</u> Water Exercise Stephanie</p> <p><u>6:00pm-6:45pm</u> Deep Water Class <u>Canceled</u></p>	<p><u>8:30am -9:30am</u> Water Exercise Reagan</p> <p><u>9:45am-10:45am</u> Water Exercise Reagan</p> <p><u>6:00pm-7:00pm</u> Water Exercise LAURA Week 1& 3 KIM Week 2&4</p>	<p><u>7:30am-8:15am</u> Deep Water Class SARAH</p> <p><u>8:30am -9:30am</u> Water Exercise SARAH</p>	<p><u>8:30am -9:30am</u> Water Exercise Reagan</p> <p><u>9:45am-10:45am</u> Aqua Zumba LAURA</p> <p><u>6:00pm-7:00pm</u> Water Exercise KIM</p>	<p><u>7:30am-8:15am</u> Deep Water Class DEANNA</p> <p><u>8:30am -9:30am</u> Water Exercise DEANNA</p>



<u>SATURDAY</u>	<u>SUNDAY</u>
<p><u>9:00am-10:00 am</u> Aqua Zumba LAURA</p>	<p><u>9:00am-10:00 am</u> Water Exercise REAGAN</p>

UPDATED SCHEDULE STARTS

FEB 5TH!!