

RED CROSS Lifeguard Training



Carson Valley Swim Center

October 27th 10:00am-4:00pm

October 28th 10:00am-4:00pm

October 29th 10:00am-4:00pm

October 30th 10:00am-4:00pm

COST: Resident \$75, Non-Residents \$100 (includes CPR mask)

**Must finish online course and pass the pre-requisites on first day to continue with class:
Swim sequence of 150 meters, tread water for 2 min, 50-meter swim and retrieve a brick from the deep end**

